Page 1

Calhoun County Schools

Secondary Lunch September 2023

Aug 11, 2023

Monday	Tuesday	Wednesday	Thursday	Friday
				Fri - 9/1/2023 Beef Nachos Shredded Cheddar Cheese Shredded Lettuce Diced Tomatoes Black Beans Salsa Sour Cream Manager's Choice of Fruit Milk Choice
Mon - 9/4/2023	Tue - 9/5/2023	Wed - 9/6/2023	Thu - 9/7/2023	Fri - 9/8/2023
Labor Day	Mini Corndog Bites Fries Seasoned Green Beans Sugar Cookie Mandarin Oranges Milk Choice	BBQ Pork Sandwich Sweet Potatoes Fries Corn on Cobb Mini Rice Krispie Treat Chilled Pineapple Milk Choice	Chicken Quesadilla Spanish Rice Pinto Beans Salsa Shredded Cheese Romaine Tomato Salad Ranch Dressing Apple Milk Choice	Pepperoni Pizza Buttery Corn Romaine Tomato Salad Ranch Dressing Applesauce Brownie Milk Choice
Mon - 9/11/2023	Tue - 9/12/2023	Wed - 9/13/2023	Thu - 9/14/2023	Fri - 9/15/2023
Hotdog Chili Sauce Shredded Cheddar Cheese Fries BBQ Baked Beans Brownie Peaches Ketchup Milk Choice	Chicken Nuggets Mashed Potatoes Green Beans Roll Applesauce Milk Choice	Chicken Parmesan Spaghetti Noodles Steamed Broccoli Breadstick Chocolate Chip Cookie Pears Milk Choice	Pizza Crunchers Marinara Sauce Pinto Beans Romaine Spinach Salad Diced Tomatoes Ranch Dressing Chilled Pineapple Milk Choice	Hot Deli Sub Sandwich Cool Ranch Doritos Carrot & Celery Sticks Ranch Dressing Chocolate Chip Cookie Apple Slices Mayo Milk Choice
Mon - 9/18/2023	Tue - 9/19/2023	Wed - 9/20/2023	Thu - 9/21/2023	Fri - 9/22/2023
Sloppy Joes Fries BBQ Baked Beans Peaches Milk Choice	Steak Nuggets Green Beans Mashed Potatoes Roll Fruit Cocktail Milk Choice	NO SCHOOL TODAY	Chicken Fajita Nachos Buttery Corn Shredded Cheese Salsa Romaine Spinach Salad Diced Tomatoes Ranch Dressing Pears Milk Choice	Cheesy Pizza Dippers Marinara Sauce Pinto Beans Carrot Sticks Romaine Tomato Salad Ranch Dressing Chilled Pineapple Milk Choice
Mon - 9/25/2023	Tue - 9/26/2023	Wed - 9/27/2023	Thu - 9/28/2023	Fri - 9/29/2023
Mexican Skillet Black Beans Buttery Corn Tortilla Chips Shredded Cheese Salsa Fruit Cocktail Milk Choice	Cheeseburger Okra BBQ Baked Beans Ketchup Manager's Choice of Fruit Mini Rice Krispie Treat Milk Choice	Corndog Fries Black-Eyed Peas Brownie Banana Milk Choice	Cheesy Chicken & Rice Seasoned Green Beans Romaine Spinach Salad Ranch Dressing Roll Mandarin Oranges Milk Choice	Spicy Chicken Sandwich Doritos Carrot Sticks & Dip Cookie Pears Milk Choice

Meals must have 1/2 cup fruit or vegetable.

Menu is subject to change.

^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data.